### CHILD NUTRITION, INC. 2024 USDA CACFP ANNUAL TRAINING

### www.cni-usda.org

#### RECORD KEEPING

- USDA Application along with Current License
- Sponsor Agreement
- Civil Rights (Reviewed at sign-up and each year at annual training)
- **CNI Policies**
- Income Eligibility Application (if applicable)
- **Enrollment Renewal Reports**
- Copies of all Enrollments Forms
- Monitor Visits

Note: A copy of the actual license/permit is required. Screenshots from the DSS website are no longer permitted. Providers are sent an "Action Required Memo" with USDA application prior to expiration. Submit USDA application to CNI immediately and license upon receipt. No claims are processed after license/permit expire until CNI has both USDA application and license/permit. Records must be kept for three (3) complete years, plus the current year.

MEAL COUNTS AND ATTENDANCE must be recorded at the point of service on computer or by the end of the day on the CNI approved weekly attendance worksheet. No other documentation will be accepted.

MENUS must be posted for parents/guardians.

CHILD/INFANT MEAL PATTERNS (see handout - updated meal pattern requirements are also on the front of the CNI binder)

SERIOUS DEFICIENCY (CNI Policies – page 6 & 7)

**CIVIL RIGHTS** (CNI Policies – page 5 and handout in binder)

**CACFP TRAINING REQUIRED ANNUALLY** (every 12 months)

### CHILD ENROLLMENTS FORMS (CNI Policies - page 2)

- Must submit to CNI within 5 days of enrolling a child (CNI 3-part enrollment REQUIRED).
- You can scan and email, send a clear picture of the entire page via text or mail form to office.
- Forms emailed or texted must be legible, choose only one option for delivery.
- Ethnicity and race must be completed on the top section of the enrollment form.
- Forms with any missing information will not be accepted and will be returned.

Note: All documents emailed or texted to the CNI Office will be processed within 24 hours.

### INFANTS

- Childcare providers must offer to purchase and supply one approved formula to all enrolled infants.
- Name of Formula you (Provider) will supply upon request of parent:
- Providers list formula name at top of enrollment form / Parents list formula preference at bottom of enrollment form.
- Infants Infant Feeding Preference / Parent Choice Form Required. (keep with enrollment form)

Note: Allergy/Food Restrictions/Special Diet - CACFP Special Dietary Prescription Form required.

### HEALTH/SAFETY/SANITATION

- Handwashing/gloves (resource on website)
- As a best practice, bare hands should not be used for putting food on plates. Instead use spoons or tongs if you do not have hand protection.
- Refrigerator Freezer keep at proper temperatures, clean and organized

Additional resources are on our website at www.cni-usda.org

I certify that I understand and will ensure compliance with the Child and Adult Care Food Program Training.

Tooling that I and orotate and will oriote of original of with the original are	indunt out on ood in ros	grain rianing.
Provider's Signature		Date
Field Specialist Signature	Time	Date



9 N. 3<sup>rd</sup> Street, Suite 100 P.O. Box 3364 Warrenton, Virginia 20188 (540) 347-3767 www.cni-usda.org

USDA Child & Adult Care Food Program Sponsor

### **ACTION REQUIRED**

Renewal for CACFP Participation with Child Nutrition, Inc. (CNI)

Current License / Permit / VR Expires:	
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Child Nutrition, Inc. is required to obtain an updated Virginia Child and Adult Care Food Program Day Care Home Application for Participation and an updated License upon expiration. No claims will be processed / reimbursed after the expiration date until BOTH the USDA Application and updated License are received.

- Complete the enclosed USDA Application / Sign / Date and return to CNI immediately. Leave the Expiration Date blank and CNI will fill that in when you submit the updated license.
- Submit your updated license/permit to CNI upon receipt. CNI must have a copy
  of the original license / permit. You can E-mail the license / permit to your Field
  Specialist or directly to the office:

### bethw@cni-usda.org or sheilaj@cni-usda.org

• If there is a delay in your renewal, another option for your License / Permit would be to contact your inspector and request a letter stating that you are operating with approval during the renewal process. The letter must be on an official letterhead and should include your name, address and capacity.

**Reminder** – no claims will be processed / reimbursed after the expiration of your license / permit until BOTH the USDA Application and updated license / permit are received.

Please call CNI with any questions or for further guidance: (540) 347-3767

# VIRGINIA CHILD AND ADULT CARE FOOD PROGRAM DAY CARE HOME APPLICATION FOR PARTICIPATION

INSTRUCTIONS: Two copies of this Application must be completed and signed by the Sponsoring Organization and by the Day Care Home Provider. The sponsoring organization and the family day care provider each keep a copy of the signed application. The expiration date of the application shall coincide with the expiration date of the day care home's licensing, registration or approval. A photocopy of the application accompanied by a photocopy of the appropriate licensing/registration/approval documentation shall be submitted to FNS-MARO no later than the 15th of the month following the month for which approval or renewal is being requested.

Name of Spons Organization:	oring Ch 9 P.	nild Nutrition, I North 3 <sup>rd</sup> Stree O. Box 3364 arrenton, VA	t, Suite 100	1	ers Name:		
				County:			
				Date of			
Fax: <b>N//</b> Phone: (540) 34				Telepho	ne:		
Email: <b>b</b>	ethw@cn	i-usda.org		Email:	, , , , , , , , , , , , , , , , , , , ,		
p							
Name(s) of all A	Approved	Day Care Assista	nts Working .	At Home (at	time of applica	ation):	
Type of Approv	al: 🗌 Sta	te License 🏻 Syst	ems License	Local Ap	proval 🗌 Volu	ntary Reg. 🔲 Milit	ary Certification
Expiration Date	e:		Approve	ed Capacity:			
				erating Data	······	, , , , , , , , , , , , , , , , , , ,	***************************************
Hours of Opera				NAT ANTINO LINE AND			
Operating Days	- check a	ll that apply	пм п	T   W	]тн □г [	∃s ⊟s	
List Any Month	s When D	ay Care is Not	Language Company	- lucud ' ' La			
Provided:							
Total Number of			Number o	of Provider's	Provider's Own Children Income Eligible		
(Including Prov	ider's Ow	<u>n)</u>					
☑ Meal Served					TM		
		Breakfast	AM Snack	Lunch	PM Snack	Supper	
Time of Meal Se	ervice						-
Number of Shif							1
For Sponsor		A Census		r 1 B School		☐Tier 1C Incom	е
Use Only	Census		Scho	ol Unit:			
Tier Code:	Census	Block: 2B Mixed					
information is true Home Agreement. sponsoring organiz. applicable State an CACFP, the home we that the day care ho We further certi policy, discriminati USDA, Director, Of 720-5964 (voice and	the provider and correct We unders ation officia d Federal crevill be placed one provider fy that this on is prohibitice of Civil TDD). USD	is not participating it to the best of our knot tand that this informals may, for cause, veininal statutes. We don the National Distribution in made avaited on the basis of the statute o	wledge and that nation is being a rify information further certify the qualified List ansen terminated filable to all eligilace, color, nation W. Whitten Build nity provider an	we will compligiven in connect and that deleat if the day commended will not be all rom CACFP papers of the children. In onal origin, sextling, 1400 Inded employer.	y with the rights a ction with the rec iberate misrepress are home is found lowed to participal rticipation for cau accordance with f , age or disability pendence Avenue,	tation. We further certified and responsibilities as of eight of federal funds an entation may subject us to be Seriously Deficiente in any Federal Programs in Virginia or any other ded and U.S. Deposition. To file a complaint of SW, Washington, DC 200 re home provider:	utlined in the Sponsor- d that Department or t to prosecution under t and terminated from ms. We further certify er state. artment of Agriculture f discrimination, write
		Date	e:	***************************************	····	Date	*

CNI-113



# INFANT MEAL PATTERNS

# **AGES BIRTH THROUGH 5 MONTHS**

BREAKFAST, SNACK, LUNCH & SUPPER MEAL PATTERNS				
Milk	4-6 oz	breastmiik¹ or formula²		

# **AGES 6 MONTHS THROUGH 11 MONTHS**

	BREAKFA	ST, LUNCH & SUPPER MEAL PATTERNS
Milk	6-8 oz	breastmilk¹ or formula²
	0-1/2 oz eq	infant cereal <sup>2</sup> or
Grain/ Meat/Meat Alternate	0-4 tbs	meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas or
	0-2 oz	cheese or
	0-4 oz	cottage cheese or yogurt³ or
	0-4 oz	a combination of the above*
Fruit/Vegetable	0-2 tbs	vegetable or fruit or a combination of both <sup>45</sup>

		SNACK MEAL PATTERNS	
Milk	2-4 oz	breastmilk¹ or formula²	
0-1/2 oz eq 0-1/4 oz eq Grain	slice bread <sup>6</sup> or		
	0- <sup>1</sup> /4 oz eq	crackers6 or	
DI MIII	0-1/2 oz eq	infant cereal <sup>2,6</sup> or	
	0- <sup>1</sup> /4 oz eq	ready-to-eat breakfast <b>cereal</b> <sup>4,6,7</sup>	
Fruit/Vegetable	0-2 tbs	vegetable or fruit or a combination of both <sup>4,5</sup>	

### oz eq = ounce equivalents

- 1 Breastmilk or formula, or portions of both, must be served; however, it is recommended that breastmilk be served in place of formula from birth through
- 11 months. For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more.
- <sup>2</sup> Infant formula and dry infant cereal must be iron-fortified.
- <sup>3</sup> Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
- 4 A serving of this component is required when the infant is developmentally ready to accept it.
- <sup>6</sup> Fruit and vegetable juices must not be served.
- <sup>6</sup> A serving of grains must be whole **grain-rich**, enriched meal, or enriched flour.
- Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).







Vegetable



Fruit



Meat/Meat Alternate



Grain





# MEAL PATTERNS

# **BREAKFAST**

Serve Milk, Vegetable or Fruit, Grain\*

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 сир
Vegetable, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grain*	1/2 oz eq	1/2 oz eg	1 oz eq	2 oz eq

<sup>\*</sup> Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week oz eq = ownce equivalents

# LUNCH / SUPPER

### Serve All Five Components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 cup*
Vegetable	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternate	1 oz	1 1/2 oz	2 6z	2 02
Grain	1/2 oz eq	1/2 oz eg	1 oz eq	2 oz eg

A serving of milk is not required at supper meals for adults.
 oz eq = ounce equivalents

## **SNACK**

### Select Two of the Five Components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	1/2 cup	1 cup	1 cup
Vegetable	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Meat/Meat Alternate	1/2 02	1/2 oz	1 oz	1 oz
Grain	1/2 oz eq	1/2 oz eq	1 oz eg	1 oz eg

oz eq = ounce equivalents

Refer to USDA FNS Exhibit A for further guidance on grain serving sizes.



Fluid Milk



Vegetable



Fruit



Meat/Meat Alternate



Grain



### **CHILD ENROLLMENT FORM**

### **USDA CHILD AND ADULT CARE FOOD PROGRAM**

Child Nutrition, Inc. 540-347-3767

### **PROVIDER SECTION** – Provider please complete this section:

CHILD'S	Does this child live in the provider's home?  (Child's Name) □ Yes □ No
Provider's Name	Phone Number
Provider's Address	
I provide infant care and I supply infan	t formula at my day care. (Providers are required to offer formula to infants.)
Name of formula offered (REQUIRE	D)
	red within 5 days of the child being enrolled in your program. <b>∢</b>
	TH MISSING INFORMATION WILL BE RETURNED
PARENT/GUARDIAN SEC	TION – Parents please complete this section pertaining to your child:
Child's Namo	ETHNICITY (select one)
Child's Name	☐ Hispanic or Latino ☐ Not Hispanic or Latino
Circle One: Male Fem	PACE (soloet all that apply)
The first day this child will start	□ Rlack □ White □ Asian
The mot day tine office will start	(MM/DD/YY)
Parent's Name (please print) Parent's Address	☐ AM Snack ☐ Lunch ☐ PM Snack ☐ Supper
Home Phone ( )	Secondary Phone( )
Parent's Signature	Date ( <i>REQUIRED</i> )
Parent's Email Address	
*Allergy / Food Restrictions / Spe	cial Diet(Special Dietary Prescription Form REQUIRED)
PLEASE COMPLETE FOR <u>INFAN</u>	· ·
I will accept the formula my p	
I will supply formula for my ch (If the formula is a specialty f	ild. I am supplying  prmula, a medical statement will be required.)
I will supply breast milk for the	e provider to feed my child and/or I will breastfeed at the home daycare.
	and developmentally ready for baby food. I want the provider to provide infant cereal based on the CACFP meal pattern.
Leaven and the second	WITHDRAWAL
Fill in child's last day a	nd mail yellow copy to office.

White - Child Nutrition, Inc. copy 11/2020

Yellow - Provider's copy

Pink copy - Parent

## **Building for the Future**

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal program that provides healthy meals and snacks to children receiving day care.

Each day more than 2.6 million children participate in CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

MEALS: CACFP homes and centers follow meal requirements established by USDA.

Breakfast Lunch or Supper		Snacks (Two of the five groups)
Milk	Milk	Milk
Fruit or Vegetable	Meat or meat alternate	Meat or meat alternate
Grains or Bread	Grains or bread	Grains or bread
Meat/Meat Alternate (to replace	Fruit	Fruit
grain up to 3 times per week)	Vegetable	Vegetable

**PARTICIPATING FACILITIES**: Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- Child Care Centers: Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers.
- Family Day Care Homes: Licensed or approved private homes.
- At-Risk Afterschool Care Programs: Centers in low-income areas provide free snacks and meals to school-age children and youth.
- Homeless Shelters: Emergency shelters provide food services to homeless children.

**ELIGIBILITY**: State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youths through age 18 in afterschool care programs in needy areas.

**CONTACT INFORMATION:** If you have questions about the CACFP, please contact your

Center/Sponsoring Organization:

Child Nutrition, Inc. 9 N 3<sup>rd</sup> Street, Suite 100 Warrenton, VA 20186

1-540-347-3767

State Administering Agency:

Special Nutrition Programs: CACFP
Virginia Department of Health
Division of Community Nutrition
109 Governor Street 8th Floor
Richmond, VA 23219
1-877-618-7282



USDA is an equal opportunity provider and employer

### WIC -Women, Infants and Children

A SUPPLEMENTAL NUTRITION PROGRAM
Call if you are pregnant, breastfeeding, just had a baby or have kids under age 5.

Virginia Residents Only – Call Toll Free (1-888-942-3663)



VAME OF IMPANT

### PARENT/GUARDIAN CHOICE FORM (INFANT)

This center/provider participates in the Child and Adult Care Food Program (CACFP) and receives Federal USDA funding for

(First Name. Middle Initial, Last Name)

DATEOF

(mm/dd/yyyy)

DATE

BIRTH

serving nutritious meals to infants and children. Participation patterns according to age group classifications detailed in forms ( Pattern.		
(Center/Provider)agrees to feed y center/provider will provide iron-fortified infant formula. The for		ded by parent/guardian. The
Federal regulations require centers/providers participating in the C during meal service times. Parents/guardians may decline the cer provide expressed breastmilk, or breastfeed on site.		
PLEASE INDICATE PREFERENCES (Choose all options that upply by initialing and dating in the appropriate space(s))	BIRTH - 5 MONTHS	6 MONTHS - 11 MONTHS
OPTION 1: CENTER/PROVIDER OFFERED IRON-FORTIFIED FORMULA	INITIALS:DATE:	INITIALS:DATE:
OPTION 2: PARENT/GUARDIAN WILL PROVIDE FORMULA	INITIALS:DATE:	INITIALS:DATE:
OPTION 3: PARENT/GUARDIAN WILL PROVIDE EXPRESSED BREASTMILK	INITIALS:DATE:	INITIALS:DATE:
OPTION 4: BREASTFEEDING WILL OCCUR ON SITE	NITIALS:	INITIALS:

### BREASTFEEDING FRIENDLY CENTERS/PROVIDERS ARE ENCOURAGED!

DATE

Many centers and providers now have designated space onsite for breastfeeding.

Ask your center representative or day care home provider for details!

Federal regulations also require centers/providers participating in the CACFP to provide iron-fortified infant cereal and other foods when the child is developmentally ready.

PLEASE INDICATE PREFERENCES	BIRTH - 5 MONTHS	6 MONTHS - 11 MONTHS
OPTION 1: CENTER/PROVIDER OFFERED IRON-FORTIFIED CEREAL AND OTHER FOODS BASED ON THE CACFP MEAL PATTERN	INITIALS:DATE:	INITIALS:DATE:
OPTION 2: PARENT/GUARDIAN WILL PROVIDE CEREAL AND SOLID FOODS WHEN THE TIME IS APPROPRIATE	INITIALS:DATE:	INITIALS:DATE:

### PARENT/GUARDIAN SIGNATURE

DATE

- THIS FORM MUST BE KEPT <u>CURRENT</u>, <u>ACCURATE AND ON FILE</u> FOREACHINFANTENROLLEDINCHILDCAREUNTILTHEINFANT REACHESI YEAROFAGEOR IS NO LONGERONBREASTMILKORINFANTFORMULA.
- 2. BREASTMILKISANACCEPTABLEMILKSUBSTITUTEFORCHILDRENOFANY AGEWITHINTHECONTEXTOFTHECACFP.
- 3. AS SITUATIONS CHANGE, SUCH AS A MEDICAL AUTHORITY CHANGING AN INFANT'S FORMULA. A NEW FORM MUST BE COMPLETED.
- 4. IF THE PARENT/GUARDIAN DECLINES THE FORMULA AND THE CENTER/PROVIDER PROVIDES AT LEAST ONE <u>REQUIRED</u> MEAL AND/OR SNACK COMPONENT, THE MEAL OR SNACK MAY BE CLAIMED FOR REIMBURSEMENT.
- 5. IF THE PARENT/GUARDIAN DECLINES INFANT MEALS/SNACKS, THEY MAY NOT BE CLAIMED FOR REIMBURSEMENT.



### CACFP SPECIAL DIETARY PRESCRIPTION FORM

1. School/Agency Name	2. Site Name	3. Site Telephone Number		
4. Name of Participant		5. Age or Date of Birth		
6. Name of Parent or Guardian		7. Telephone Number		
Participant has a disability or a medical condition and requires a special meal or accommodation. (Refer to instructions on the following page.) Schools and agencies participating in Federal Child Nutrition (CN) Programs must comply with requests for special meals and any equipment. A LICENSED PHYSICIAN MUST SIGN THIS FORM.  Participant does not have a disability, but is requesting a special meal or accommodation due to food intolerance(s) or other medical reasons. Food preferences are not an appropriate use of this form. Schools and agencies participating in Federal Child Nutrition (CN) Programs are encouraged to accommodate reasonable requests. A LICENSED PHYSICIAN, PHYSICIAN'S ASSISTANT OR NURSE PRACTITIONER MUST SIGN THIS FORM.  Participant does not have a disability, but is requesting a special accommodation for a fluid milk substitute that meets the nutrition standards for non-dairy beverages offered as milk substitutes. Food preferences are NOT an appropriate use of this form. Schools and agencies participating in Federal Child Nutrition (CN) Programs are encouraged to accommodate reasonable requests. A LICENSED PHYSICIAN, PHYSICIAN'S ASSISTANT. NURSE PRACTITIONER OR PARENT/GUARDIAN MUST SIGN THIS FORM.				
9. Disability or medical condition requiring a special meal or accommodation:  10. If participant has a disability, provide a brief description of participant's major life activity affected by the disability:				
11. Diet prescription and/or accommodation: (please describe in detail to ensure proper implementation-use extra pages as needed)				
12. Foods to be omitted and substitutions: (Please list specific foods to be omitted and suggested substitutions. Attach additional information sheets as needed.)  FOODS TO BE OMITTED  SUGGESTED SUBSTITUTIONS				
13. Indicate texture (Please circle one):  REGULAR CHOI	PPED MECHANICAL SOFT	PUREED		
14. Adaptive Equipment:  15. Signature of Preparer*	16. Printed Name	17. Telephone Number   18. Date		
19, Signature of Medical Authority*	20. Printed Name	21. Telephone Number 22. Date		

The information on this form must be updated whenever necessary to reflect the current medical and/or nutritional needs of the participant.

This institution is an equal opportunity provider.

<sup>\*</sup>Physician's signature is required for participants with a disability. For participants without a disability, a licensed physician, physician's assistant, or nurse practitioner must sign the form. Parent/legal guardian signature is acceptable for fluid milk substitution for a child with special medical or dietary needs other than a disability.