Building for the Future

This day care facility participates in the Child and Adult Care Food Program (CACFP), a Federal Child Nutrition (CN) Program that provides healthy meals and snacks to children receiving care.

Each day more than 2.6 million children participate in CACFP at day care homes and centers across the country. Providers are reimbursed for serving nutritious meals which meet USDA requirements. The program plays a vital role in improving the quality of day care and making it more affordable for low-income families.

Meals

CACFP homes and centers follow meal requirements established by the USDA.

<table>
<thead>
<tr>
<th>Breakfast</th>
<th>Lunch or Supper</th>
<th>Snacks (two of the five items)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
</tr>
<tr>
<td>Fruit or Vegetable</td>
<td>Meat or meat alternate</td>
<td>Meat or meat alternate</td>
</tr>
<tr>
<td>Grains or Bread</td>
<td>Grains or bread</td>
<td>Grains or bread</td>
</tr>
<tr>
<td>Meat/Meat Alternate (to</td>
<td>Fruit</td>
<td>Fruit</td>
</tr>
<tr>
<td>replace grain up to 3 times per week)</td>
<td>Vegetable</td>
<td>Vegetable</td>
</tr>
</tbody>
</table>

Participating Facilities

Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- **Child Care Centers**: Licensed or approved public or private nonprofit child care centers, Head Start programs, and some for-profit centers
- **Family Day Care Homes**: Licensed or approved private homes
- **At-Risk Afterschool Care Programs**: Centers in low-income areas provide free snacks and meals to school-age children and youth
- **Homeless Shelters**: Emergency shelters provide food services to homeless children

Eligibility

State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youths through age 18 in afterschool care programs in needy areas

Contact Information

If you have questions about the CACFP, please contact your

**Center/Sponsoring Organization:**

Child Nutrition, Inc.

Organization Name

9 N 3rd Street Suite 100

Address

Warrenton, VA 20186

City State Zip Code

Phone Number: (540) 347-3767

**State Administering Agency:**

Special Nutrition Programs: CACFP

Virginia Department of Health

Division of Community Nutrition

109 Governor Street 8th Floor

Richmond, VA 23219

Help Desk: 1-877-618-7282

This institution is an equal opportunity provider.

CACFP-039 Building For the Future Flyer
Revised 9/2020; Previous version obsolete